

# Learning at home with recyclables!

Ideas by Julie Ugalde, Mental Health Coordinator

Empty Paper towels rolls



Use empty paper towel rolls for building and construction ideas, puppets (put an old sock over it and draw a face on the sock), cut them up for stringing, use to make houses, paint with it, and make a microphone!



Milk caps: Use for sorting by color, textures, and sizes. Write letters (upper-case and lower-case letters), write numbers on them, spell out your name, and put the numbers in order! Experiment with a variety of objects- make a sailboat and see if they float or sink. Put several milk caps in empty and washed yogurt cups to make a musical instrument!