



August 2020/Agosto 2020

WCAC Early Head Start



Monthly Focus:	Monday <i>Lunes</i>	Tuesday <i>Martes</i>	Wednesday <i>Miercoles</i>	Thursday <i>Jueves</i>	Friday <i>Viernes</i>
<p>Summer Safety Tips</p> <ul style="list-style-type: none"> Apply sunscreen with (SPF) 15-30 Apply sunscreen 30 minutes before going outside <p>Monday Language Development By Kristina -----</p> <p>Tuesday Fine Motor Development By Yesmeli -----</p> <p>Wednesday Arts & Crafts/Music & Movement Activities By Stephanie -----</p> <p>Thursday Cognitive Development By Janet -----</p>	<p>3</p> <p>Language Development Infant/Young Toddler: “Llama Llama Sand and Sun” By Anna Dewdney Older Toddler/Preschool: “Summer” By Gerda Muller</p>	<p>4</p> <p>Fine Motor Development Take an empty tissue box, gather several small objects, (small toy, small ball, etc.) Have your child drop the objects in the box. Repeat using different small objects. Name each object as your child drops them in the box.</p>	<p>5</p> <p>Arts & Crafts/Music & Movement Activities <u>The Plate Dance:</u> Give everyone two plastic or paper plates to use as a cymbal-like instruments. Clap them together with the rhythm of the music. Practice being loud, soft, faster and slower than the music.</p>	<p>6</p> <p>Cognitive Development <u>Water Play:</u> Fill a large bowl with, give your child cups of different sizes, a strainer or measuring cup, and spoons. Let them splash, pour, and experiment.</p>	<p>7</p> <p>Gross Motor Development <u>Color Hop:</u> Using different color chalk, draw big circles outside. Let children walk or jump from circle to circle. Identify the different colors while having fun.</p>
<p>Monday Language Development By Kristina -----</p> <p>Tuesday Fine Motor Development By Yesmeli -----</p> <p>Wednesday Arts & Crafts/Music & Movement Activities By Stephanie -----</p> <p>Thursday Cognitive Development By Janet -----</p>	<p>10</p> <p>Language Development Infant/Young Toddler: “Is it Warm Enough for Ice Cream?” By DK Older Toddler/Preschool: “Marshmallow Kisses” By Linda Crotta Brennan</p>	<p>11</p> <p>Fine Motor Development <u>Fun with Tape:</u> You will need- Painter’s tape or an easy peel tape. Lay a few strips of tape on the floor and let your child peel it off.</p>	<p>12</p> <p>Arts & Crafts/Music & Movement Activities <u>Bubble Wrap runway :</u> Grab some bubble wrap or any other type of paper that can make noise, tape it down on the ground and let your child run, walk, and crawl over it.</p>	<p>13</p> <p>Cognitive Development <u>Position Word Play:</u> You will need a box and a stuffed toy or ball. Say the position words as you move the object around the box. When moving the toy in the box say “in” then take the toy out of the box and say “out” Put the toy under, on top, besides, in front, and in back.</p>	<p>14</p> <p>Gross Motor Development <u>Ball Fun:</u> Using a large ball, play with your child- catching, throwing, or kicking.</p>
<p>Monday Language Development By Kristina -----</p> <p>Tuesday Fine Motor Development By Yesmeli -----</p> <p>Wednesday Arts & Crafts/Music & Movement Activities By Stephanie -----</p> <p>Thursday Cognitive Development By Janet -----</p>	<p>17</p> <p>Language Development Infant/Young Toddler: “Spot Goes to the Beach” By Eric Hill Older Toddler/Preschool: “Summer Days and Nights” By Wong Herbert Yee</p>	<p>18</p> <p>Fine Motor Development <u>Fun with Sponges:</u> You will need- 1 or 2 large sponges. Cut sponges in different sizes. Put 2 to 3 cups of water into a large bowl, add sponges and let your child squeeze the water out of each sponge.</p>	<p>19</p> <p>Arts & Crafts/Music & Movement Activities <u>Music Basket:</u> Get a basket and fill it with toys that can be shaken, banged together, or make noise in any other way. Leave out for children to explore and play when they want.</p>	<p>20</p> <p>Cognitive Development <u>Sink or float:</u> Fill a small pool or bucket with water, experiment with different items to see what sinks and what floats. Examples: feather, sponge, toy car, cork, paper, rock, etc.</p>	<p>21</p> <p>Gross Motor Development <u>Tracing Fun:</u> Trace hands and feet on paper then cut them out. Tape paper tracings on the floor and have your child match their hands and feet to the paper.</p>

Friday Gross Motor Development By Cathia -----	24 Language Development Infant/Young Toddler: “Maisy Goes Swimming” By Lucy Cousins Older Toddler/Preschool: “A Ball for Daisy” By Chis Raschka	25 Fine Motor Development <u>Spray bottle fun:</u> You will need- 1 spray bottle. Put water in a spray bottle and have your child spray plants.	26 Arts & Crafts/Music & Movement Activities <u>Clap, Sing and Dance:</u> Clap with two hands, sing and dance, stomp with two feet, sing and dance.	27 Cognitive Development <u>Pedestrian Safety:</u> Take a walk, teach safety rules, watch for cars, hold hands when crossing the street stay with mom	28 Gross Motor Development <u>Homemade bubbles:</u> See bottom for instructions. Ingredients: Dish soap, sugar, water, 1 empty water bottle
	31 Language Development Infant/Young Toddler: “Pop-up Peekaboo! Under the Sea” By DK Older Toddler/Preschool: “Red Wagon” By Renata Liwska				

Instructions for homemade bubbles:

1. Put 1 cup of water into a large bowl
2. Add 2 tablespoons of sugar
3. Add 4 tablespoons of dish soap
4. Mix and that is it!

*For older toddlers try a few drops of food coloring in the water

Instructions for bubble wand:

1. Cut a small hole at the bottom edge of the water bottle (this will become a mouthpiece for blowing bubbles).
2. Dip the bottle mouth into the bubble solution and then blow through the hole you created.