

# WCAC Resiliency Center

## Community Resources: Worcester

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### Food Assistance

WCAC Resiliency Center (SNAP) || Mon-Fri, 8:30-4pm || 18 Chestnut St. || 508-754-1176

El Buen Samaritano Food Program Fridays (10am-1pm) || Seniors (10am-12pm) || 39 Piedmont St. || 508-304-1501

#### Centro Inc

Centro Las Americas || Mondays: 9am-1pm, 11 Sycamore Street || 508-798-1900

Great Brook Valley || Tuesdays: 8:30am-12pm, 176 Tacoma St.

Jeremiah's Inn Food Pantry || Mon. & Tues. 9am-12pm, Thurs. & Fri. 9am-2pm (closed 11:30-12pm) || 1059 Main St. || 508-755-6403 x190.

Salvation Army Food Pantry || Thursdays 9:30-1pm || 640 Main St. || 508-756-7191

Yes We Care || Fridays 12pm-3pm || 55 Illinois St. || (508) 754-4539

#### **Additional Links:**

Food Help Worcester

WIC

Project New Hope (Veterans)

Friendly House

WooFridge Locations

### Rental Assistance/Housing

WCAC Resiliency Center (RAFT) || Mon-Fri, 8:30-4pm || 18 Chestnut St, 01608 || 508-754-1176

RCAP Solutions || Mon-Fri, 8:30-4:30pm || 191 May St, 01602 || 800-488-1969

Central Massachusetts Housing Alliance || Mon-Fri, 9-5pm || 18 Chestnut St., || 508-752-5519

Worcester Housing Authority || Mon-Fri, 8-4:30pm || 630 Plantation St., 01605 || 508-635-3000

Shelter Access for individuals:

SMOC || Mon-Fri, 8:30-4:30pm || 237 Chandler St. || 508-756-6330

Shelter Access for Families:

EA Shelters Information

#### **Additional Links:**

LOW BARRIER-TO-ACCESS SHELTERS

### Support For Families

Worcester Family Resource Center || 508-796-1411 || 20 Cedar St, 01609 ||

Friendly House Diaper Pantry || Thurs 10-1pm || 36 Wall St, 01604

Fathers Program, Pernet Family Health 237 Millbury Street 01610 || (508) 755-1228

Seven Hills Child Care/Family Support Programs

### Childcare/Early Intervention

Head Start Program Information || Mon-Fri, 8:30-4:30pm || 770 Main St, 01610 || 508-799-3237

Worcester Comprehensive Education & Care || Mon-Fri, 7:30-5:30pm || 160 Tacoma St, 01605 || 508-852-3792

YMCA Child Development Centers || 508-770-6264

### Medical/Mental Health Support

Mass Behavioral Health Center || Mon-Fri 8-5pm || 9 Hammond St, 01610 || 508-219-7189

MA Mental Health Crisis Support

### Additional Resources

Community Legal Aid || 370 Main St., Suite 300 || 855-252-5342

Worcester Public Library || 3 Salem St Suite 332 || 508-799-1655

Worcester Regional Transit Authority (WRTA) || 508-791-9782

Services for Women in Worcester

Mass Hire

Kiva Centers

Andy's Attic

# WCAC Resiliency Center

## Community Resources: South County

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### Food Assistance

WCAC Resiliency Center (SNAP) || Mon-Fri, 8:30-4pm || 18 Chestnut St. || 508-754-1176

ST. John Paul II Food Pantry || Tues. 3-5pm, Wed. 9-11am || 279 Hamilton Street Southbridge || 508-765-0245

Southbridge Food Share || Mon, Wed, Fri: 10 -11:15 am || 446 Hamilton St. || 508-764-6583

Dudley & Webster Food Share || Tues. and Thurs. 8:30am-11am || 4 Church St. Webster, 01570 || 508-943-9171

The Bridge Fridge (Open Daily):

Renaissance Medical Group (RMG) || 11 Sandersdale Rd, 01550

Harrington Hospital Southridge || 100 South St, 01550

Webster Harrington Hospital || 340 Thompson Rd, Webster, MA 01570

Southbridge WIC || 61 Pine St, Southbridge 01550 || 508-765-0139

Webster WIC || 228 Main St. Webster 01570 || 508-943-6183

### Rental Assistance/Housing

WCAC Resiliency Center (RAFT) || Mon-Fri, 8:30-4pm || 18 Chestnut St, 01608 || 508-754-1176

Southbridge Housing Authority || Walk-ins: Tue & Thurs || 60 Charlton St, 01550 || 508-765-5858

Catholic Charities || Mon-Fri, 8-4pm || 79 Elm St Southbridge, 01550 || 508-765-5936

RCAP (Vouchers/RAFT)

### Shelters:

St. Luke's Guesthouse || 141 Main St. Southbridge 01550 || 508-230-6416

EA Shelters Information

### Support For Families

Southbridge Family Resource Center

Healthy Families

Seven Hills Child Care/Family Support Programs

### Child Care/Early Intervention

WCAC Head Start Program || 25 Cole Ave, 01550 || 508-765-4738

Kennedy Donovan Center || Mon-Fri 8-4 pm || 486 Worcester St Southbridge 01550 || 508-765-0294

### Medical/Mental Health Support

Additional Resources in Southbridge

Adult Behavioral Health

Home & Family Services

Luk Inc. Webster Office || 251 Main St. Webster 01570 || 508-640-0011

Riverside Mobile Crisis

New Hope (D.V.)

### Additional Resources

MassHire Southbridge Career Center || 5 Optical Dr #200, 01550 || 508-765-6430

Southbridge Public Schools Community Resource

South Community Food Pantry Info

Community Legal Aid

Kiva Centers

Find Help

Wardrobe on Wheels

# Centro de Resiliencia del WCAC Recursos comunitarios: Worcester

## Asistencia con alimentos

Centro de Resiliencia del WCAC (SNAP) || Lun.-vier., 8:30-4 p. m. || 18 Chestnut St. || 508-754-1176

Programa de alimentos El Buen Samaritano Viernes (10 a. m.-1 p. m.) || Adultos mayores de edad (10 a. m.-12 p. m.) || 39 Piedmont St. || 508-304-1501

### Centro Inc

Centro Las Americas || Lunes: 9 a. m.-1 p. m., 11 Sycamore Street || 508-798-1900 Great Brook Valley || Martes: 8:30 a. m.-12 p. m., 176 Tacoma St.

Despensa de alimentos Jeremiah's Inn || Lun. y mar. 9 a. m.-12 p. m., jue. y vier. 9 a. m.-2 p. m. (cerrado de 11:30 a 12 p. m.) || 1059 Main St. || 508-755-6403 x190.

Salvation Army || Jueves 9:30-1 p. m. || 640 Main St. || 508-756-7191

Yes We Care || Viernes 12 p. m.-3 p. m. || 55 Illinois St. || (508) 754-4539

### **Otros enlaces:**

Food Help Worcester

WIC

Project New Hope (Veteranos)

Friendly House

Ubicaciones de WooFridge

## Asistencia para el alquiler/Vivienda

Centro de Resiliencia del WCAC (RAFT) || Lun.-vier., 8:30-4 p. m. || 18 Chestnut St. || 508-754-1176

RCAP Solutions || Lun.-vier., 8:30-4:30 p. m. || 191 May St, 01602 || 800-488-1969

Central Massachusetts Housing Alliance || Lun.-vier., 9-5 p. m. || 18 Chestnut St, 01608 || 508-752-5519

Worcester Housing Authority || Lun.-vier., 8-4:30 p. m. || 630 Plantation St., 01605 || 508-635-3000

Acceso a refugio para personas:

SMOC || Lun.-vier., 8:30-4:30 p. m. || 237 Chandler St. || 508-756-6330

Acceso a refugio para familias:

Refugios de Asistencia de Emergencia (EA)

Información

### **Otros enlaces:**

REFUGIOS DE FÁCIL ACCESO

## Apoyo para las familias

Worcester Family Resource Center || 508-796-1411 || 20 Cedar St, 01609 ||

Despensa de pañales de Friendly House || Jue. 10-1 p. m. || 36 Wall St, 01604

Programa para Padres, Pernet Family Health 237 Millbury Street 01610 || (508) 755-1228

Cuidado de niños de Seven Hills/Programas de Apoyo Familiar

## Cuidado de niños/Intervención temprana

Información de programas de Head Start || Lun.-vier., 8:30-4:30 p. m. || 770 Main St, 01610 || 508-799-3237

Worcester Comprehensive Education & Care || Lun.-vier., 7:30-5:30 p. m. || 160 Tacoma St, 01605 || 508-852-3792

Centros de Desarrollo Infantil de la YMCA || 508-770-6264

## Apoyo médico/de salud mental

Clínica sin cita previa > M-V 8 a. m. - 8 p. m. || Sáb.-Dom. 9-5 p. m.

Mass Behavioral Health Center || Lun.-vier. 8-5 p. m. || 9 Hammond St, 01610 || 508-219-7189

Apoyo en crisis de salud mental de MA

## Additional Resources

Community Legal Aid || 370 Main St., Suite 300 || 855-252-5342

Worcester Public Library || 3 Salem St Suite 332 || 508-799-1655

Worcester Regional Transit Authority (WRTA) || 508-791-9782

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